

# NEW OPTIONS SPORTS

Manufactures  
Orthotic and Prosthetic Braces  
Adult & Pediatric

## Knee Brace Custom Measuring

### Step 1-Positioning the Leg

Place a small roll under the knee while the patient is in a sitting position. Dorsi flex the foot. This will cause the muscles to tighten.



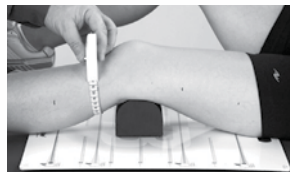
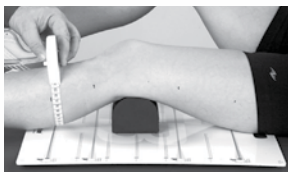
### Step 2-Mark the Patients Leg

Place a dot at mid-patella or knee center (KC). Using a tape measure, place dots at 2", 4", 6", & 8" above KC on the thigh and then 2", 4", 6" & 8" below KC on the shin.



### Step 3- Circumference Measurements

Now use the tape measure to take circumferences at the nine locations marked on the leg and write these on the order form. Remember to keep the foot dorsiflexed.



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