

NEW OPTIONS SPORTS

Manufactures
Orthotic and Prosthetic Braces
Adult & Pediatric

Knee Brace Measuring for off the shelf sizes

Step 1-Positioning the Leg

Place a small roll under the knee while the patient is in a sitting position. Dorsi flex the foot. This will cause the muscles to tighten.



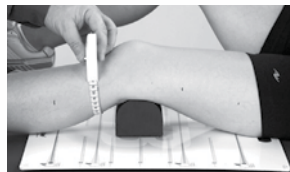
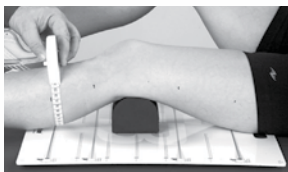
Step 2-Mark the Patients Leg

Place a dot at mid-patella or knee center (KC). Also, using a tape measure, place a dot at 6" above KC on the thigh.



Step 3- Circumference Measurements

Now use the tape measure to take circumferences at the two locations marked on the leg and write these on the order form. Remember to keep the foot dorsi flexed.



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