



New Options Sports

Fitting Instructions

Video instructions to set up the WC30 for either a left wrist or a right wrist is at the following link: <https://youtu.be/RTFkAuMjjLQ>

“The New Standard in Sports Medicine”

Brace Application, Right Wrist



Undo the three wrist straps and the one thumb strap



Slide your hand in until your thumb fits into the thumb opening and the heel of your palm rests in the curve of the palmar stay



Wrap thumb strap around the thumb and adhere. Cut off any excess.



Secure and tighten the three wrist straps through the D-ring and fasten.



The WC30 should now be in place. Re-apply the straps as needed according to your comfort and activity. If the WC30 is being used for the left, remove and reverse the stays.

See Stay insert instructions or insert instructions

Stay Application Instructions

Remove the brace from the wrist. Separate the palmar and dorsal stays. The brace cannot be removed.



is set up for a left or right wrist. The brace is designed so that you can insert the palmar stay into the wrist. The dorsal stay is attached to the brace.



Insert the palmar stay into the brace. Make sure the stay is in the correct position. Turn the brace so the stay is in the correct position.



Place the brace over the wrist. Allow the brace to rest on the wrist. The brace should be comfortable and secure. The brace should not be too tight or too loose.



The brace is now set up for a left or right wrist. Follow the instructions on the brace to insert the stays. The brace should be comfortable and secure. The brace should not be too tight or too loose.



Proudly made in the USA

New Options Sports, 1850 Diplomat Drive #100, Farmers Branch, TX 75234

PH: 800.872.5488 FX: 800.455.5488

www.newoptionssports.com, info@newoptionssports.com